

# NHD UTAH 2022

## PAPER INSTRUCTIONS

Begin by reading pages 22-24 in the NHD [Contest Rule Book](#) and following all paper rules.

### PREPARE YOUR PROJECT

Your paper entry must include these elements, in this order:

- Title Page
- Process Paper (500 words)
- Paper (1500-2500 words)
- Appendix (optional)
- Annotated Bibliography

Combine these elements into a single PDF file.

### UPLOAD YOUR PROJECT TO THE CONTEST

You will upload a single PDF of your project directly into your **NHD student account**. **Check the project due dates for your contest**. Be sure to submit your finished project before this deadline.

**If You Advance:** If you advance to the next level of competition and revise your project (which you are strongly encouraged to do!), you will need to upload the revised files/links into your student profile for the next contest.

#### Uploading Instructions:

- Step 1.** Go to the contest website and login to your NHD student account. You'll need the username and password you created when you registered for the contest.
- Step 2.** Click on your name (top right) → click on **My Profile**.
- Step 3.** Upload your project files into the Paper field.
- Step 4.** Double-check that your file and/or link shows in the fields.
- Step 5.** Click **SAVE** at the bottom of the profile box.

Category	Digital Format	Upload to this Field
Paper	<b>One PDF</b> that includes your title page, process paper, paper, and annotated bibliography (in that order).	Paper (PDF)